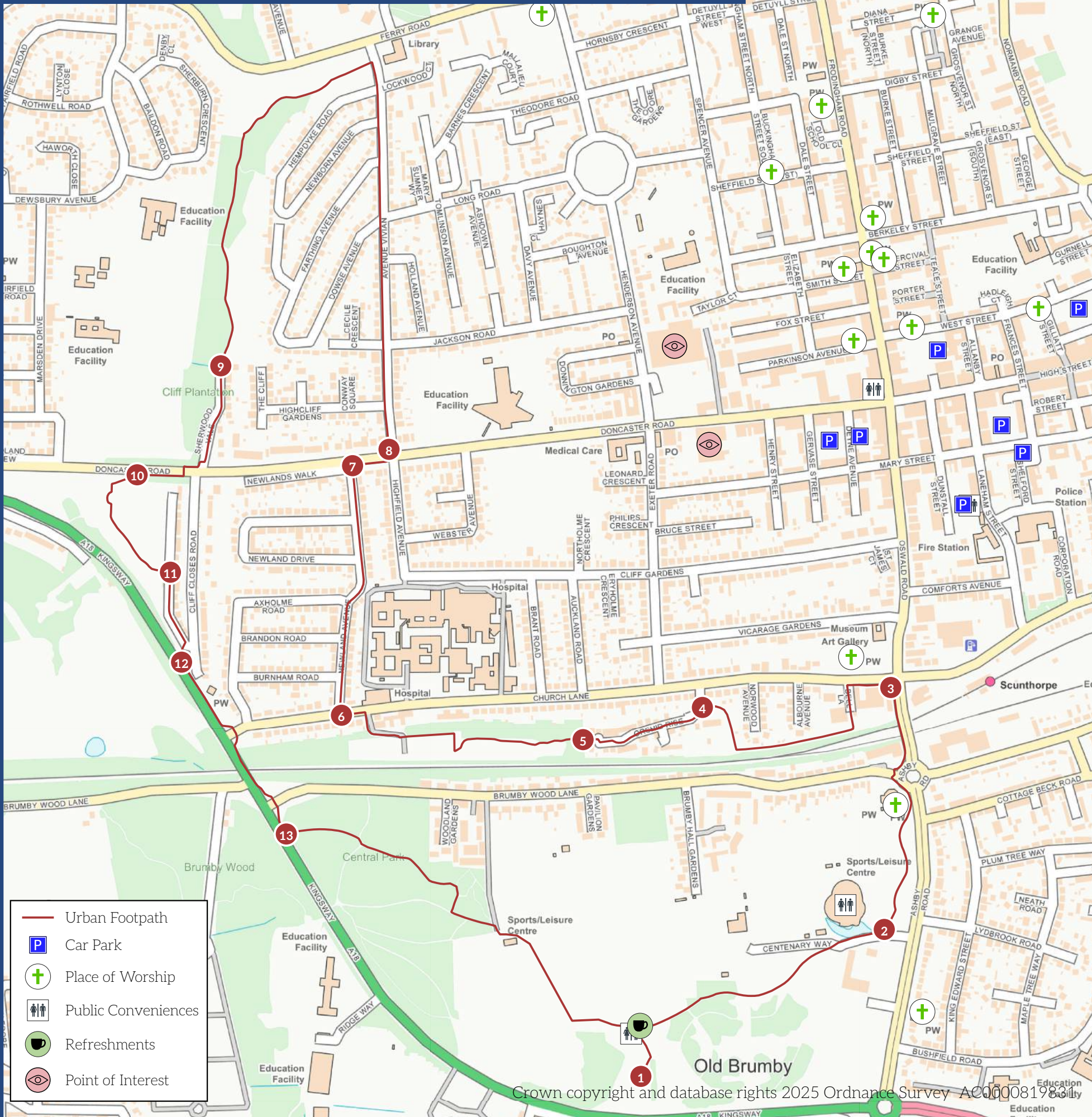


# Scunthorpe Parks and Hempdykes Trail

**5 miles. 2 hrs 30 mins.**

Start - At the Central Park car park. DN17 1AJ



- 1 Leave car park heading along park paths towards the Civic Centre, continue on track which goes behind Civic Centre towards the Pods.
- 2 Turn left passing in front of The Pods on tracks through the garden area, cross Brumby Wood Lane and continue ahead over Howdens Hill.
- 3 Turn left along Church Lane, then turn left down Bell Lane, follow lane bending right, passing Railway Bowls Club.
- 4 Turn left passing Doctors surgery, continue ahead along Orchid Rise through the housing estate, continue to end of road, go through gap in wooden fence down steps into Frodingham Nature Reserve.
- 5 Follow well trodden track through reserve, over wooden duck boarding, exit Nature Reserve into Hospital Pit car park, walk carefully through car park on right hand side to pavement slope which leads to Church Lane, cross Church Lane, turn left.
- 6 Turn right onto Newland Avenue continue ahead until reach Doncaster Road.
- 7 Turn right onto Doncaster Road, ahead to crossing on left, cross Doncaster Road onto Avenue Vivian.
- 8 Turn left into Avenue Vivian, continue ahead to Ferry Road, Turn Left at Blue Ridgeway 169 sign, follow track through Hempdykes, exit onto Sherwood Vale.
- 9 Continue ahead on Sherwood Vale to Doncaster Road, turn Right and cross at crossing.
- 10 Turn right down Doncaster Road hill, turn left at first footpath going down into Kingsway gardens (Follow any of these footpaths around Kingsway Gardens) exit near childrens playground.
- 11 Turn right onto Cliff Closes Road, continue uphill to track on right which leads to Kingsway.
- 12 Turn left onto Kingsway continue ahead, crossing Church Lane and Brumby Wood Lane.
- 13 Turn left at first yellow barrier into Brumby Woods, follow tracks through woods eventually exiting woods onto Coop Sports Field, cross the fields and head back into Central Park and return to car park.